

Sweet & Stoked



Hand-crafted and plant-based creamsicles

Our menu of creamsicles and poptails are made with 100% natural ingredients and are refined-sugar free. We source our ingredients from small local businesses and farmers, choosing organic as much as possible.



Our icicle tricycle is ready to serve you!

Thank you so much for choosing to buy from us! Your purchase helps to support a local woman-owned business and we are so stoked that you chose our sweet treats!



CREAMSICLE HOUSE FLAVOURS

Raspberry Chocolate Chunk
(collab with Viva Cacao)

Banana Split

The Fudged Up Date

Oso Mocha Latte
(collab with Oso Negro)

POPTAIL MENU

Blueberry Basil Gin Smasher

Probiotic Pina Colada
(with rum)

Peach Bellini (with prosecco)

Irish Oso Mocha Latte
(with Irish whiskey)

Don't like the flavours we have listed? Create your own unique flavour for an additional \$100 creation fee.

EVENT PRICING

- \$250 flat rate for setting up the icicle tricycle to serve out of
- FREE travel charge if within the Nelson/Castlegar region
- \$0.50/km if outside the Nelson/Castlegar region

\$60/20 pops if prepaid by host
\$5/pop if paid by guests
\$1/pop for poptail service

For bookings, enquiries and more information, please contact Danya on 250 777 7331 or sweetandstoked@gmail.com

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sweetandstoked.com